



# ***Is your rural CAC interested in improving mental health screening and referral processes?***

Researchers at the University of Pittsburgh are conducting a research study on the implementation of the Care Process Model for Pediatric Traumatic Stress. We invite CACs in rural Pennsylvania to participate!

## ***What is the Care Process Model for Pediatric Traumatic Stress (CPM-PTS)?***

- The CPM-PTS offers a way for CACs to identify and respond to child traumatic stress and suicidality. It includes tools to evaluate children's risk of traumatic stress and suicide, guidance for collaborative decision-making, and brief interventions to help children and families cope with stress.

## ***What is this study about?***

- This study has 2 goals.
  - *Goal 1:* Test the effect of the CPM-PTS on caregivers' understanding of their children's mental health needs and intentions to initiate treatment.
  - *Goal 2:* Evaluate the feasibility of two different approaches to implementation.

## ***What will CACs do?***

- CACs will implement the CPM-PTS. CACs will be randomly assigned to 1 of 2 different implementation approaches. Both approaches to implementation include training, technical assistance, and materials to support implementation.
- CACs will provide the research team with contact information for multidisciplinary team members and encourage team members to participate in research activities.
- CACs will provide copies of documents created during the implementation process and de-identified administrative data on clients served by the CAC.
- CACs will be involved in the research study for at least 18 months and no more than 2 years. CACs will receive a small honorarium for their support of the research study.

## ***What will multidisciplinary team members do?***

- Participate in CPM-PTS implementation activities.
- Complete short online surveys at the start of the study, 6 months later, and 12 months later.
- Participate in interviews about their team and experiences with the CPM-PTS.
- Team members who complete surveys and interviews will be compensated for their time.

## ***Interested? Want to Learn More?***

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